

Managing Falls in Residential Care Facilities Interactive Workshop

Seminar Room, building 9
National Ageing Research Institute
Gate 4, 34-54 Poplar Road, Parkville

Wednesday November 16, 2011

Time	Topic	Presenter/ Facilitator
8.45 am	Registration	
9.00 am	Welcome & Introduction – putting into context what we already know about managing falls.	Dr Frances Batchelor (Research Fellow / Physiotherapist, NARI)
9.30 am	Overview of falls risk factors and interventions that work in residential facilities	Prof. Keith Hill (LaTrobe University and Northern Health)
10.30 am	Morning Tea	
11.00 am	Person centred care	Dr Briony Dow (Director, Preventive and Public Health division, NARI)
12.30 pm	Lunch	
1.15 pm	Medical perspectives on falls risk	Dr Jenny Schwarz (Geriatrician, Western Health)
2.00 pm	Falls Prevention Training Expo (including afternoon tea) <ul style="list-style-type: none"> • Medications • Environmental considerations • Nutrition • Psychosocial and sensory considerations • Transfers / mobility / gait aids 	Dr Jenny Schwarz Dr Frances Batchelor Dr Irene Blackberry Ms Sue Williams Ms Claudia Meyer
4.00 pm	Close	

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Time	Topic	Presenter/ Facilitator
8.45 am	Registration	
9.00 am	Physical and Environmental considerations of falls risk	Ms Claudia Meyer
9.45 am	Falls Risk Screening and Assessment <ul style="list-style-type: none"> • Why use falls risk screening / assessment tools? • Who is responsible for screening and assessment? • Case study analysis of falls risk assessment 	Dr Frances Batchelor
10.30 am Morning Tea		
11.00 am	Caring for the person with dementia <ul style="list-style-type: none"> • Gait, Balance Dysfunction and Falls among those with dementia – current evidence • An insight into understanding People with Dementia 	Ms Claudia Meyer
12.00 pm Lunch		
12.45 pm	Practical options for balance and gait testing	Ms Sue Williams (Research physiotherapist, NARI) and Dr Frances Batchelor
1.30 pm	Falls Reporting <ul style="list-style-type: none"> • The importance of reporting a fall • Collection, collation and analysis of data 	Ms Sue Williams
2.00 pm Afternoon tea		
2.15 pm	Management of falls risk factors <ul style="list-style-type: none"> • Multi-factorial goal directed care • Action plans, based on a health promoting philosophy, aiming to build individual capacity 	Ms Sue Williams
3.30 pm	Close	